



**The cost of treatment  
\$300.00**

**2 or more \$250.00**

**Price includes a consultation  
and a free booster within a  
month of your first visit.**

Smoking cigarettes, particularly consuming nicotine in tobacco has all of the characteristics of addiction: pleasant feelings, withdrawal symptoms, tolerance, and continued use despite the adverse effects. That is why scientists consider cigarettes truly addictive. In fact, scientific evidence suggests that cigarettes are as addictive as illegal drugs such as cocaine. Research also indicates that the younger people are when they start smoking cigarettes; the more likely they are to become strongly addicted to nicotine.

#### **Prepare for Success**

1. Choose a stop date and stick to it.
2. After stopping, absolutely avoid having another cigarette, even a single puff: the risk of relapse is too great.
3. Get rid of all your cigarettes, lighters and ashtrays.
4. Detail your automobile.
5. Change your routine so as to avoid places and situations where you used to smoke and the people you used to smoke with.
6. Recommended eating dark chocolate containing 70% Cocoa or better proven to stop cravings
7. Ask others not to smoke in your presence.

**2124 Highway #35  
Holmdel, N.J. 07732  
Phone: 732-671-7277  
E-mail address  
[DrBlozen@aol.com](mailto:DrBlozen@aol.com)**



## **Kiss Your Butts Goodbye**

**Quit Smoking Laser  
Treatment**



**Painless  
Non-Intrusive  
Method**

**Phone: 732-671-7277**

## Quit Smoking Laser Treatment



Laser treatments are quickly growing in popularity with people who are deciding to quit smoking once and for all. Of all the ways to quit smoking, laser smoking stop therapy is perhaps the least accepted to the community. However, it is extremely safe and has been used for years as one of the best quit smoking aids.

Unlike the patch or nicotine gum or toothpicks, laser smoking cessation treatments involve energy points on our body. He or she uses the cool beam laser to stimulate these areas. This, in turn, triggers your body to release endorphins which help reduce nicotine and cigarette cravings.

### How does the stop smoking treatment work?

We use is a soft low-intensity cold laser beam. It is non-invasive, and there is no heat or pain associated with out treatment. Some clients experience a feeling of euphoria following a smoking cessation treatment. We apply the laser to various points on the body.

Focusing the laser beam on the ears, nose, and hands causes the body to release natural chemicals called endorphins. Endorphins have a calming and relaxing effect on the body that helps reduce nicotine cravings and withdrawal symptoms. Additionally the release of endorphins stimulates the body's natural ability to detoxify and allows the body to rid itself of nicotine quickly.

### How long does it take?

The procedure takes about 25 minutes to complete. You will be asked to fill out some paperwork. The total time spent in the office will be approximately forty five minutes.

### How many treatments will I need?

Most people need only one treatment for a total smoking cessation. We provide a **free booster** to our clients within 6 months because we understand that unexpected stress occur in life such as a divorce, financial problems, or death in a family. Situations like these sometimes cause people to look for a solution... a cigarette. We recommend that our come back as quickly as possible for an additional laser treatment.

### Will I gain weight?

During the stop smoking treatment our technician will apply the laser to certain points on your body to help suppress your appetite. You should not gain weight while your metabolism is returning to its natural state, which lasts for approximately two weeks.

### Is laser therapy safe?

We use only the state of the art laser equipment. Our laser is non-invasive, safe, and painless.